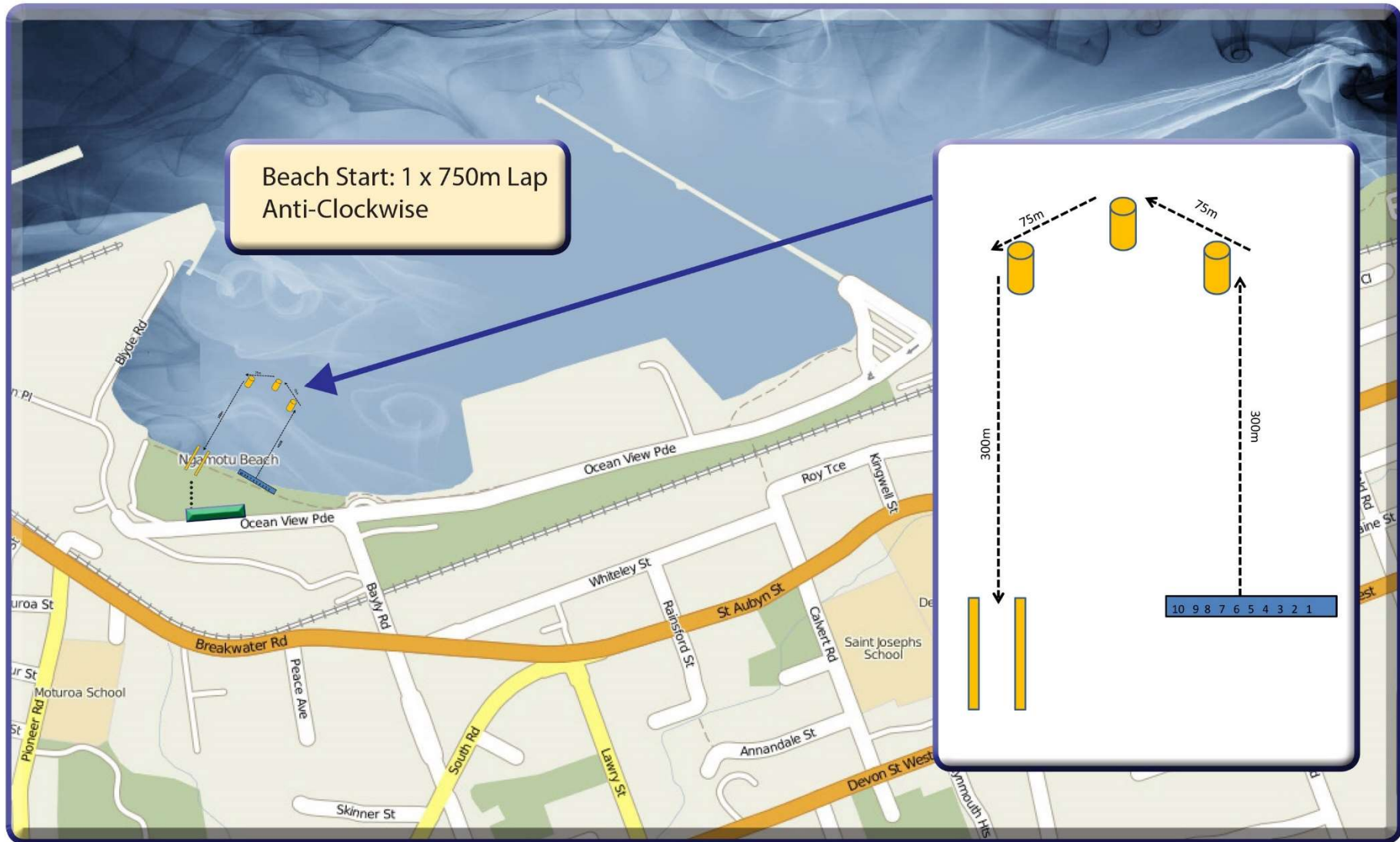




# Oceania Junior 750m SWIM Course - 1 Lap





# Oceania Junior 19.4km CYCLE Course - 4 laps





# Oceania Junior 5km RUN Course - 3 Laps

Leave transition and head up Ocean View Parade until you reach the turn around Cone - then return back and left into Bayly Road, run on up to the turn around Cone, then back to Ocean View Parade making left turn and back to the Transition Cone. Complete 3 laps before running straight through to the Finish Gantry.

- Finish Line
- Cone
- Transition
- Run Course
- Aid Station

