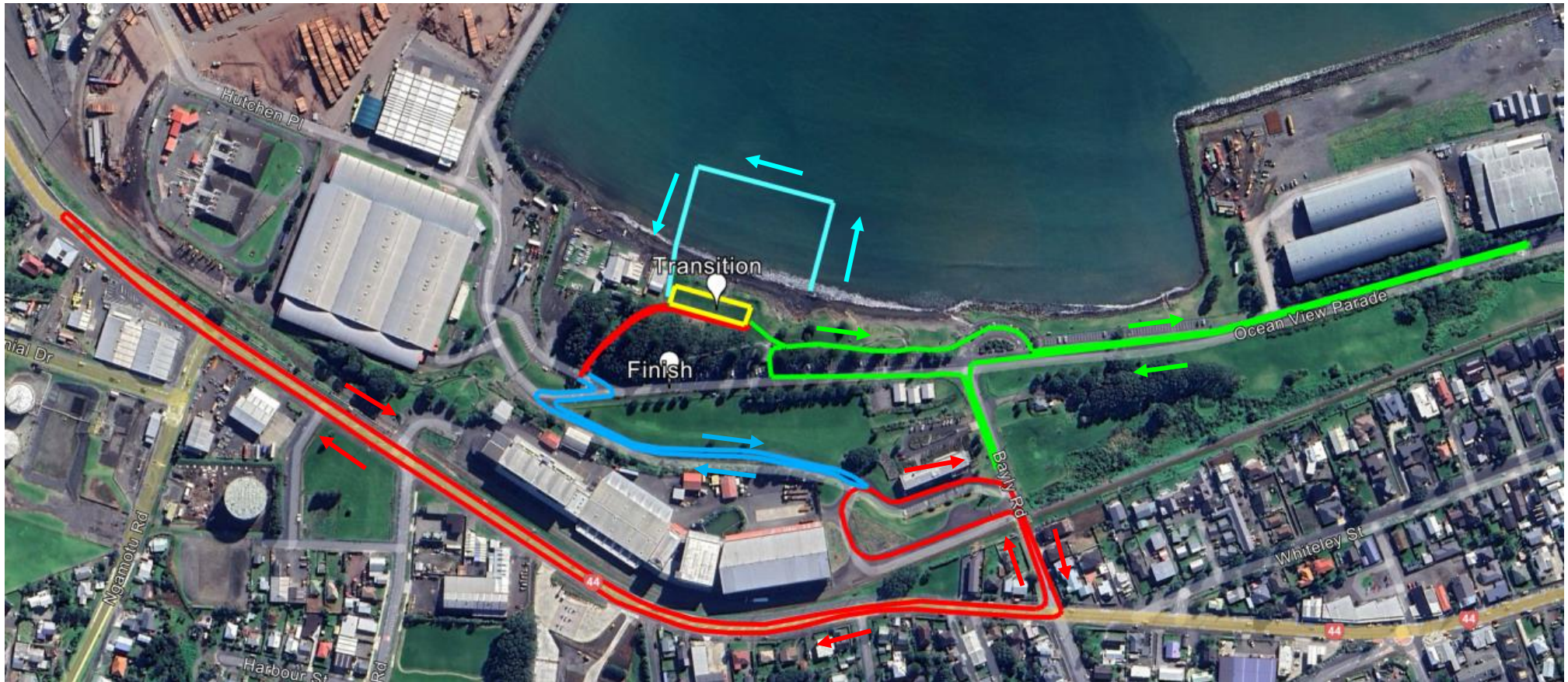





Taranaki Tri-er – Youth – TSSSA - Course

Note: The cycle course includes private roads which must NOT Be ridden prior to race day
300m Swim, 10km bike and 3km run



 Swim Course – 300m
 Run Course – clockwise – 1.5km per lap - 2 laps for 3km

 Cycle Course – 2.3km per lap (plus blue section to get onto course) – 10km = 4laps